

MINUTES OF THE MEETING

GURGAON PROGRESSIVE SCHOOLS COUNCIL, GURGAON

A General Body Meeting of the GPSC was held on 27th August 2019 at DAV, Sector 49, Gurugram.

The following attended the meeting:

1. Ms. Aparna Erry, DAV, Sector-14, Gurugram
2. Ms. Arti Chopra, Amity International School, Sector-46, Gurugram
3. Ms. Vineeta Yadav, Gyan Devi Senior Secondary School, Sector-17, Gurugram
4. Dr. Neelima Prakash, Lions Public School, Sector-10A, Gurugram
5. Mr. Baharul Islam, Aravali Public School, Gurugram
6. Ms. Hema Dhingra, Rao Lal Singh Public School, Gurugram
7. Ms. Sandeepa Rai, Suncity School, Gurugram
8. Ms. Sheena Yadav, Gyan Devi Senior Secondary School, Sector-10, Gurugram
9. Ms. Arpita Acharya, Blue Bells Public School, Sector-10, Gurugram
10. Ms. Anita Gupta, Raman Munjal Vidya Mandir, Gurugram
11. Mr. Akhilesh Chaturvedi, DPS Maruti Kunj, Gurugram
12. Dr. Anshu Arora, Amity International School, Sector-43, Gurugram
13. Ms. Alka Singh, Blue Bells Public School, Sector-4, Gurugram
14. Ms. Meenu Singh, CCA School, Gurugram
15. Ms. Rashmi Malik, Salwan Public School, Sector-15, Gurugram
16. Ms. Anita Nandal, Rotary Public School, Sector-22, Gurugram
17. Ms. Charu Maini, DAV, Sector-49, Gurugram

Proceedings

1. The members were welcomed by the Chairperson Ms. Aparna Erry and the meeting commenced at 3 pm after ascertaining the forum.
2. The minutes of the last meeting held on 19th July 2019 at Suncity School, Gurugram were ratified and approved.
3. The Chairperson welcomed the new members, Mr. Baharul Islam Barhuiya, Principal, Aravali Public School, Gurugram and Ms. Hema Dhingra, Principal, Rao Lal Singh Public School, Gurugram with a green sapling and formally introduced them to the Council. A round of applause by the member school heads greeted them.
4. This was followed by a brief presentation on the Best Practices like SMERT, by the host Principal; Ms. Charu Maini, who threw light on their strategy planning in primary, middle and senior sections of the school, with emphasis on teacher training for the holistic development of students.
 1. The Chairperson welcomed Dr Manish Mahajan, who is currently working as a Consultant in the Department of Neurology, Artemis Agrim Institute of Neurosciences since May 2017. He is the recipient of the coveted Dr. A.D. Sehgal award for the best resident in Neurology. Dr. Manish Mahajan has a special interest and passion for Movement Disorders and Neuroimmunology especially Multiple Sclerosis (MS). As per the circulated agenda, he gave a presentation on the topic- **Acute management of Seizures outside hospital settings.**

The key points of his address were as follows:

- a) Epilepsy is a brain disorder that belongs to a group of over 40 seizure disorders. Seizures are a symptom of Epilepsy. When a person with Epilepsy has a seizure, they have symptoms like convulsions; muscle spasms; strange sensations, emotions, or behavior; and loss of consciousness.
- b) Although the underlying causes of Epilepsy are usually not known, certain factors are known to provoke seizures in people with Epilepsy. Avoiding these triggers can help you avoid seizures and live better with Epilepsy:
 - I. Missing medication doses
 - II. Heavy alcohol use
 - III. Cocaine or other drugs used such as Ecstasy
 - IV. Lack of sleep
 - V. Other drugs that interfere with seizure medications
- c) In case of such an incidence in school, one should remember to remain calm. If appropriate, lay the individual on their side or cushion their head with a pillow. Once they are protected, call for help and remain with them until they recover. During the seizure, you should never put anything in the person's mouth.
- d) Rescue medicines that can be kept handy are; Diazepam and Midazolam
- e) The most important thing is to – UNTAG THE STIGMA i.e. it is necessary that schools establish unique determinants of stigma and set up appropriate strategies to mitigate stigma and facilitate the complete inclusion of people with Epilepsy as well as mitigating any existing discrimination

The members thanked him for his insightful and educating endeavor to reach out to schools through GPSC and for working towards a noble cause to save humanity.

5. The Chairperson reiterated that GPSC strives to usher in a culture of collaboration in teaching – learning process and to provide a platform for the sharing of its resources. Synchronizing with the vision of the Council, she shared that GPSC has accepted a proposal to be a knowledge Partner of 'Learning City Gurugram' an initiative of SSPD at Ansal University for working together in inspiring the school children to engage with our city. 'Learning City Gurgaon' is an initiative to mobilize the interest of key stakeholders in the city towards recognition by UNESCO Institute for Lifelong Learning (UILL). While, there are 205 cities in the world which have been recognized as Learning Cities by UILL, there is no Indian city which has secured this status This will not entail any financial commitments for GPSC.
6. A meeting was convened to discuss the same, earlier on 18.08.19 at DAV, Sector 14, Gurugram and its minutes were shared by mail with all the members. The endeavor was appreciated by all the members present.
7. As per the circulated agenda, members were asked to submit suggestions for the theme of the upcoming GPSC conference. Some of the suggestions given were:
 - a. Promoting Effective Learning
 - b. STEM Curriculum – It's relevance and Effectiveness
 - c. Restructuring School Education
 - d. 4 Stage Design by Draft NEP
 - e. The Concept of School Complexes – It's long term effects
 - f. Skilling School Education/Skill Based Education

8. The Secretary, Ms. Arti Chopra, thanked the members for their valuable suggestions, and summarized the theme as **Relevance of Gandhian Ideology in the Classrooms of 21st Century**. She asked the members to give suggestions for prospective future speakers.
9. The Chairperson reminded the members about their pending yearly subscription wherever applicable.
10. She also circulated the details about a prospective workshop on **Improving Academic Supervision** to be conducted by Prof Marmar Mukhopadhyay in **HDFC School** on **27th& 28th September'19** (Invite attached with minutes). The schools are requested to kindly register themselves within 10 days.
11. While discussing the prospective date for the upcoming GPSC conference as 23rd November 2019, the Chairperson informed the members that the CBSE was in the process of announcing the dates of CBSE Sahodaya Conference around **01.11.2019**. The council shall announce dates of Annual Conference only after finalization of CBSE dates.
12. There being no other point in the agenda, the meeting ended with a vote of thanks extended by Dr Neelima Prakash, Principal, Lions Public School, Sector-10A, Gurugram to the Chairperson. She thanked the host school for the extended hospitality and sumptuous meal.

The next GPSC meeting shall be hosted by Blue Bells Model School, Sector-4, Gurugram on 20th September 2019. A detailed agenda shall follow in due course.

Arti Chopra
Secretary, GPSC